

## **Clinical Mental Health Counseling M.A.**

## Academic Roadmap to Completion (ARC) for Catalog Year 2025-2026

The catalog is the final authority on program requirements; this is intended as a registration and planning tool. Due to the cohort model of the CMHC, M.A. program, this course sequence is the default for all incoming students. If a student has transfer credits or an alternate timeline, that individual must work with the Program Administrator and the Academic Advising Office to ensure all degree requirements are met in a timely fashion.

Fall Semester 1	Spring Semester 1	Summer 1
CMHC 611: Foundations of Integration I (1 cr.)	CMHC 614: Group Counseling (2 cr.)	CMHC 636: Family Systems (3 cr.)
	CMHC 614L: Group Counseling Lab (1	
CMHC 618: Clinical Research Design (3 cr.)	cr.)	CMHC 692: Graduate Counseling Practicum (3
	CMHC 642: Psychopathology (3 cr.)	cr.)
CMHC 621: Counseling Skills &		
Techniques (2 cr.)	CMHC 649: Multicultural Issues & Social Advocacy (3 cr.)	BITH 565: Christian Theology (4 cr.)
CMHC 621L: Basic Counseling Skills Lab		
(1 cr.)	TRMA 632: Intro to Trauma (3 cr.)	Elective: See catalog for options; meet with advisor
CMHC 624: Issues and Ethics (3 cr.)		for guidance (3 cr.)
CMHC 625: Counseling Theories & Practice (3 cr.)		
Semester Total: 13	Semester Total: 12	Semester Total: 13
Fall Semester 2	Spring Semester 2	Summer 2
CMHC 612: Foundations of Integration II (1 cr.)	CMHC 613: Foundations of Integration III (1 cr.)	Classes are not typically taken this term unless the student needs to extend
CMHC 631: Lifespan Development (3 cr.)	CMHC 651: Substance Abuse & Addictions (3 cr.)	their studies or internship. Consult your program
CMHC 653: Lifestyle & Career		administrator or faculty
Development (3 cr.)	CMHC 691: Comprehensive Exam (0 cr.)	advisor for more information.
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CMHC 641: Assessment in Counseling (3 cr.)	CMHC 696: Graduate Internship (3 cr.)	
•	CMHC 696: Graduate Internship (3 cr.) BITH 561: Theological Anthropology (2	
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